

Learning to Learn Module – Newbridge College

The Learners' Voice group in Newbridge College co-designed our Junior Cycle Wellbeing Curriculum in our school. They put forward intelligent, evidence-based solutions to real issues of concern to them. Students felt that they would like the following areas to be addressed – identification of the type of learner they are and strategies to suit their learning style, study skills, research skills, etc. They proposed a *Learning to Learn* module, which has now been developed and is being taught to all our 1st and 2nd Years, on a 10-week rotational modular basis.

Our focus in the *Learning to Learn* module is developing students' collaborative skills and enabling them in becoming reflective and active learners. A large focus in this module is the incorporation of learners' voice in helping inform and support the teaching and learning. Together with teachers, students reflect on the teaching and learning, thus enabling us to tailor our classes to meet the needs to our students. Our participation in the Instructional Leadership training was foundational to the facilitation of this module. The development of instructional concepts, skills, tactics, and strategies for us as facilitators of the module was essential in this work.

In this module, students identify with their own learning style and develop strategies that will help visual, auditory, kinaesthetic, and read/write learners. Students develop their research skills also. Students work on mind mapping, concept attainment, concept maps, etc. as meaningful learning strategies. These are skills that will benefit students across all aspects of their education.

Attached are some sample lesson plans from our *Learning to Learn* module.